



Steeles L'Amoreaux Strength in Partnership (SSIP) Newsletter January to March 2015, Issue#1

Message from the Coordinator

Welcome to the first issue of the Steeles L'Amoreaux Strength in Partnership newsletter. The newsletter will be published on a quarterly basis – March, June, September and December. The newsletter will cover information about SSIP, news and updates, feature programs and services offered by SSIP members, feature community groups in the community, highlight community resources, upcoming events etc. If you have any suggestions or ideas for the newsletter please, let me know

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About SSIP

Steeles L'Amoreaux Strength in Partnership (SSIP)

Steeles L'Amoreaux Strength in Partnership is a group of organizations and residents that work to strengthen the Steeles L'Amoreaux neighborhood and make it a better place to live.

SSIP works to:

- Leverage resources for the community
- Connect residents with services
- Strengthen the resident voice in shaping the community

SSIP has four sub-committees that focus on the following areas – Employment, Health, Food Security and Resident Engagement.

The group was established in 2006. In the next issue we will highlight the history of SSIP

Get Involved in SSIP

Get Involved in SSIP and help to strengthen and build a stronger Steeles L'Amoreaux Community

Reasons to get involved in SSIP

For residents and agencies:

- Build leadership skills by facilitating discussions and advocating for community needs
- Meet with others in the community to identify and discuss community needs, challenges and issues and share and exchange ideas on creative ways to address them
- Share information about agency services or community programs; connect residents to services and leverage resources for the community
- Connect and network with residents and community agencies
- Share resources, build partnerships and collaborate with agencies and residents on initiatives that improve the social, economic and health outcomes of the community
- Get informed about what's happening in the community – services, initiatives etc

Get Involved by:

- Joining one of our four sub-committees – health, food security,, employment, resident engagement

- Attend our bi-monthly meetings

For more information on how to get involved contact the Coordinator, Yvette Bailey see contact information at the end of the newsletter

News and Updates

ACSA Tax Clinics



To date ACSA tax clinics have filed 685 tax returns and put over 1 million dollars back into client pockets. The free tax clinics are for low income individuals, families, newcomers, seniors and students in the Scarborough community. Clinics will run from March 2nd to April 30th and is by appointment only. Maximum income levels single up to \$30,000 and Family up to 40,000. The Clinics are taking place at ACSA Main Site, Chester Le Community Corner and Dorset Park Hub. To make an appointment Main site – 416-321-6912 x 221; Chester Le – 416-491-3456 x 400; Dorset Park Hub 416-292-6912 x 300. Persons are asked to walk with their government issued ID, All income an government slips, receipts and copy of 2013 income tax return and notice of assessment.

Rotary Clubs of Scarborough Community Renewal Campaign

The Rotary Clubs of Scarborough have embarked on a Community Renewal Campaign. The Campaign was initiated to address the trend towards increasingly negative indicators of community well being in Scarborough by engaging residents, businesses, institutions, academics and Rotarians in community building. Julia Bubrin who is the Consultant working on the Campaign presented to SSIP members in early March, on the purpose of the Campaign, key focus areas of the Campaign and an update on what has been achieved to date. For more information on the Campaign visit the website at hardystevenson.com/admin/pdf/Rotary_Proposal_Web_SinglePages.pdf

Workshop to Register for Recreation Programs

SSIP in collaboration with Action for Neighbourhood Change and City of Toronto Parks, Forestry and Recreation held an information workshop to show persons how to register for the spring/summer recreations programs at the City of Toronto. Programs at Stephen Leacock and L'Amoreaux Recreation Community Centres are now free for residents. Participants were shown a presentation on the steps to register. Many of the participants attending signed up for their family number after the session. The family number is a requirement to sign up for the programs.

Thank You Andre

A big thank you to Andre Vashist of the Steeles LAmoreaux Youth Empowerment (SLYE), for his contributions to the program over the last three years. Andre coordinated the program and implemented a number of initiatives during his time as Coordinator. Andre's contract with SLYE is coming to an end shortly. We wish Andre all the best in his future endeavours.

Programs and Services Offered by SSIP Members in the Community

Agincourt Community Services Association (ACSA)

Agincourt Community Services Association (ACSA) is a multiservice agency at the heart of Agincourt that addresses need and empowers children, youth, newcomers, homeless and underserved communities to build a better tomorrow. The organization has been offering a wide range of services in the community for over 35 years and helps people to help themselves by providing hands up programs rather than hand out programs. The organization offers programs and services out of 4 sites.

Chester Le Community Corner at 201 Chester Le Blvd offers the following programs:

Children and Youth Programs, Taking Action to achieve Growth and Success an intensive, anti-violence program engaging Scarborough youth and families; Playing for Keeps; Community Garden; Cooking Healthy Together Workshops; Action for Neighbourhood Change; Modern Batik Project. **Partners at Chester Le** – Worldswell; Canadian Mental Health Association; Youthlink; Social Urban Community Outreach; Beijing Opera Club; Singapore Opera Club; Chinese Senior Art Band; National Heritage Hall

Dorset Park Community Hub at 1911 Kennedy Road, Unit 105 offers the following programs:

Newcomer Centre; Food Bank; Ontario Early Years Program; Action for Neighbourhood Chang;, Tenants, Involved, Educated and Ready to Respond Program. **Partners at the Hub** – CNIB; John Howard Society of Toronto; Tropicana Community Services; ACCESS Employment; Family Association for Mental Health Everywhere; VHA Home Healthcare; The Extra Miles Ministries; Youth Leaps The Dorset Park Neighbourhood Association.

ACSA Main Site at 4155 Sheppard Ave E, Ste 100 offers the following programs:

Homeless Services, Housing Programs; Income Tax Clinic; Legal Clinic; Massage Parlour and Micro-Brothel Outreach; Civic Awareness Project; Seniors Conversational ESL; Voice Mail Services

Child and Family Centre at 4139 Sheppard Ave E offers the following programs:

Parent and Early Childhood Programs; After School Programs; Parenting Workshops/Parent-Child Workshops; Teen Moms and Drop In

For more information please visit ACSA's website at www.agincourtcommunityservices.com

Community Group Feature

Silver Spring Park Reading Circle

Silver Spring Park Reading Circle is a resident led program that runs Monday, Wednesday and Friday from 9:30 am-11:00 am on the main floor of 75-78



Silver Spring apartment buildings. The main goal of this program is to support newcomer parents and their children in the areas of child development, especially around motor and language skills and also preparing children for kindergarten. With the support of the Action for Neighbourhood Change Office this program has been successful in obtaining different resources, such as grant funding, workshops, and other

community training. The parents participating in the program are appreciative to have this program taking place in their building.

Community Resources

HF Connecting Health Nurse Practitioner Led Clinic

HF Connecting Health Nurse Practitioner-Led Clinic located on Midland Avenue is equipped to provide primary health care services to 3200 patients at its full capacity.

What is a Nurse Practitioner-Led Clinic?

Patients who registered with a Nurse Practitioner-Led Clinic will have access to comprehensive primary health care, which includes services provided by Nurse Practitioners, Registered Dietitian, Registered Social Worker and Health Promoter. Typical of other primary care delivery models, Nurse Practitioner-Led Clinics include annual physicals, episodic illness care, fall prevention programs for older adults, immunizations, smoking cessation, injury prevention and monitoring and management of chronic diseases, such as diabetes, arthritis, asthma, heart disease and mental health conditions.

What is a Nurse Practitioner?

A nurse practitioner (NP) is a registered nurse with advanced university education (Master Degree) who provides personalized, quality health care to patients. Nurse Practitioners are skilled and professionally trained to treat both physical and mental ailments through comprehensive history taking, physical exams and ordering of tests. Nurse Practitioners can provide a diagnosis and recommendations for care for a wide range of acute and chronic diseases. Moreover, they can liaise with consulting physicians if any health care needs fall out of the Nurse Practitioners' scope of practice. Nurse Practitioners also provide direct referrals to specialists on a need basis. Nurse Practitioners provide appropriate treatment for patients, including prescribing medications and can serve as a patient's primary health care provider.

Programs and Services Offered by the Clinic

It provides a full range of health services to the community. The Clinic's team include Nurse Practitioners, Registered Nurses, Registered Social Worker, Registered Dietician, Health Promoter and collaborative physicians



The Clinic also provides programs and workshops for different age groups such as fall prevention, chronic illness, self management, healthy eating seminars and exercise classes

The clinic is accepting new patients. Languages spoken at the clinic include English, Cantonese, Mandarin, Taiwanese, Hindi, Punjabi, Vietnamese, Tamil. They also accept walk in patients and patients who are waiting for OHIP Cards.

.For more information on the Clinic and to register; please see contact information:

3280 Midland Ave. Unit 22, Scarborough, ON., M1V 4W9

Tel: 416-479-7600; **Fax:** 416-479-7601

Website: www.hfchnplc.ca

Upcoming Events



Upcoming events

Resident Engagement Committee Meeting

- Tuesday, April 7th 10am -12pm at Chester Le Community Corner at 201 Chester Le Blvd

Employment Committee Meeting

- Tuesday, April 14th 10am to 12pm

Health Committee Meeting

- Friday, May 15th 10am -12pm at HF Connecting Health Nurse Practitioner Led Clinic at 3280 Midland Avenue, Unit 22

SSIP Meeting

- Thursday, May 28th 10am – 12pm (location to be decided)

Please send suggestions, comments, ideas, for this newsletter to

Yvette Bailey, SSIP Coordinator, Agincourt Community Services

4155 Sheppard Ave E, Suite 100, Toronto, Ontario; M1S 1T4

Tel: 647-217-6020; Fax: 416-321-6922;

E-mail: byvette@agincourtcommunityservices.com

Website: www.agincourtcommunityservices.com

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