



ACSA Child and Family

PARENT/CAREGIVER PROGRAMS & WORKSHOPS CALENDAR

NOVEMBER 2021

4139 Sheppard Avenue East, Scarborough, ON M1S 1T1

Contact Yusra Mohamed at 416-993-6086

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Child and Family Centre

LET'S GET READY FOR READING- ENGLISH

Wednesday, November 3
1:00 PM- 2:00 PM

Join us for a workshop all about reading. Facilitated by the Toronto Public Library (Agincourt) families will learn simple, everyday activities to get your child ready to read as well as how to make reading more exciting and engaging. Workshop will be in ENGLISH

Facilitated by: Toronto Public Library and Yusra Mohamed, ACSA

COOKING HEALTHY TOGETHER

Every Thursday from
November 11- December 16
12:00 PM- 1:00 PM

Get together for a 6 week parent/caregiver program series to build food skills, learn and share cultural, nutritious and affordable meals for families!

Facilitated by: ACSA Food Security Team and Yusra Mohamed, ACSA

PARENT/CAREGIVER WALK & TALK

Wednesday, November 17
1:00 PM- 2:00 PM

ACSA Child & Family is excited to announce another Parent/Caregiver Walk & Talk! Join us for an afternoon of walking and chatting. Great opportunity to meet folks in your community and make positive connections! This walk will take place from the ACSA Child & Family Centre at 4139 Sheppard Avenue East to Donalda Park. Come with your little ones or come alone!

Facilitated by: Yusra Mohamed, ACSA

The Benefits of Hearing Services and using ASL

Thursday, November 18
1:00 PM- 2:00 PM

Join us in a workshop by Bob Rumball and EarlyON Child and Family Centre about The Benefits of Hearing Services and using ASL. In this workshop we will learn about how to Introduce ASL to children, the benefits of learning and teaching simple American Sign Language to your children as well as programs and services that are offered by Bob Rumball Canadian Centre of Excellence for the Deaf.

Facilitated by: Bob Rumball Canadian Centre of Excellence for the Deaf and Yusra Mohamed, ACSA

PARENT TALK

Ongoing Every Tuesday
11:30 AM- 12:30 PM

Join us to talk about Child Development, Parenting and Mental Health. Connect with other parents/caregivers for support. Free free to join us for one session to ask questions or on a monthly basis.

Facilitated by: Strides Toronto, Cecelia Martin and Yusra Mohamed, ACSA

Would you like to schedule a 30 minute Family Support Session to discuss Parenting, Child Development or Mental Health?

Click on the following link: <https://calendly.com/myusrafamilysupportsession/30min?month=2021-07>

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