



**ACSA Child and Family**  
**PARENT/CAREGIVER PROGRAMS & WORKSHOPS CALENDAR**  
**MAY 2022**



Contact Yusra Mohamed at 416-993-6086  
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**Nobody's Perfect  
(Virtual)**

Every Thursday from April 28, 2022  
until May 26, 2022  
10:00 AM- 11:00 AM

Nobody's Perfect is a parenting education and support program for parents of children from birth to age five. This 5 week program designed to strengthen positive parenting skills.

**Facilitated by: Edyta Latuszek,  
Strides Toronto and Yusra  
Mohamed, ACSA**

**Let's Get Ready for Reading  
Workshop (hybrid)**

Wednesday, May 18, 2022  
10:00 AM- 11:00 AM

Join us for a workshop with a children's librarian from Toronto Public Library- Agincourt Branch to learn simple everyday activities you can do to get your child ready to read! Learn how to get a library card and about the great resources available at the Toronto Public Library.

This workshop will be both IN PERSON & VIRTUAL: you can choose to attending in person or join us virtually on zoom.

**CHILD MINDING IS AVAILABLE**  
**Facilitated by: Toronto Public  
Library Staff & Yusra Mohamed,  
ACSA**

**Preparing For Kindergarten  
Series (Virtual)**  
A guide for parents/caregivers

Every Tuesday from May 31 until  
June 21, 2022  
1:00 PM- 2:00 PM

ACSA Child & Family will be joined by Cecelia Martin from Strides Toronto to facilitate a 4 week parent/caregiver program to support with your child's start to kindergarten. Program topics include: Separation, Independence, Value of Play & Positive Discipline.

**Facilitated by: Cecelia Martin,  
Strides Toronto and  
Yusra Mohamed, ACSA**

**Parent Talk  
(Virtual)**

Every Tuesday  
11:30 AM- 12:30 PM

Join us to talk about Child Development, Parenting and Mental Health. Connect with other parents/caregivers for support. Free free to join us for one session to ask questions or on a monthly basis.

**Facilitated by: Cecelia Martin,  
Strides Toronto  
and Yusra Mohamed, ACSA**

Would you like to schedule a 30 minute Family Support Session to discuss Parenting, Child Development or Mental Health?

Click on the following link: <https://calendly.com/myusrafamilysupportsession/30min?month=2021-07>

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