



# COOKING HEALTHY TOGETHER

**AGAIN!**

**WEDNESDAYS 12PM-1PM**

**MARCH 17 - APRIL 21, 2021**

**VIA ZOOM**



A 6 week online program where you will be guided through making new recipes for your family, practice cooking skills, and learn more about nutrition education

**REGISTRATION IS REQUIRED:**

**CALL: 416-491-3456 EXT. 413**