



ACSA Child and Family
PARENT/CAREGIVER PROGRAMS & WORKSHOPS CALENDAR
JANUARY 2022



Contact Yusra Mohamed at 416-993-6086
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**PARENT/CAREGIVER
WALK & TALK
In Person**

**Wednesday, January 12
10:00 AM- 11:00 AM**

ACSA Child & Family is excited to announce another Parent/Caregiver Walk & Talk! Join us for a morning of walking and chatting. Great opportunity to meet folks in your community and make positive connections!

This walk will take place at Scarborough Town Centre located at 300 Borough Drive, Scarborough, ON M1P 4P5

Facilitated by: Yusra Mohamed, ACSA

**Gender Diversity 101
Virtual**

**Every Wednesday from
January 19- February 2
11:00 AM- 12:00 PM**

ACSA Child & Family will be joined by Nina Cabaguio from The 519 Glitterbug Program to facilitate an interactive workshop series that reviews gender-related terminology, gender and child development, positive language and the ways that gender shows us in our children's lives.

**Facilitated by: Nina Cabaguio,
The 519 Glitterbug and
Yusra Mohamed, ACSA**

**Infant Massage
Program
In Person**

**Every Friday from
January 28- March 4
1:00 PM- 2:30 PM**

ACSA Child & Family will be joined by Centennial College Massage Program to teach you massage techniques you can perform on your child 0-18 months of age.

This program will take place at our SCBC EarlyON located at 3223 Kennedy Road, Toronto, ON M1V 4Y1

**Facilitated by: Centennial College
Massage Program Team and
Yusra Mohamed, ACSA**

**PARENT TALK
Virtual**

**Ongoing Every Tuesday
starting January 11
11:30 AM- 12:30 PM**

Join us to talk about Child Development, Parenting and Mental Health. Connect with other parents/caregivers for support. Free free to join us for one session to ask questions or on a monthly basis.

**Facilitated by: Strides
Toronto, Cecelia Martin
and Yusra Mohamed, ACSA**

Would you like to schedule a 30 minute Family Support Session to discuss Parenting, Child Development or Mental Health?

Click on the following link: <https://calendly.com/myusrafamilysupportsession/30min?month=2021-07>

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