

Virtual Parent/Caregiver Programs & Workshops Calendar

JULY 2021

• 4139 Sheppard Ave East, Scarborough, ON M1S 1T1 • (416) 299-9872

Contact Yusra Mohamed at (416)993-6086

Email myusra@agincourtcommunityservices.com



Ongoing

Every

WEDNESDAY

12:00PM-1:00 PM

Cook with Us Program

Facilitated by: ACSA Staff and Yusra Mohamed (ACSA)

This is an 8 week program, facilitated by an ACSA Staff where you will learn how to make simple family friendly recipes. Program runs every Wednesday from July 7 until July 28.



Ongoing

Every

THURSDAY

1:30PM- 2:30 PM

Parent Child Ballet Program

Facilitated by: National Ballet School Participant and ACSA Staff

Join us virtually every Thursday from July 15, 2021 until August 26, 2021 to learn Ballet with your child. This Free 8 week program will be taught by a National Ballet School Participant.



Ongoing

Every

Tuesday

11:30 AM-12:30PM

Parent Talk Series

Facilitated by: Yusra Mohamed (ACSA) and Cecilia Martin from Strides Toronto

Join us to talk about child development, mental health and various parenting topics. Connect with other parents/caregivers and support one another through conversations and activities! Feel free to join us for one session to ask questions or on a weekly basis.

This month we will continue the TRIPLE P Program. Triple P helps you understand you understand how your family works so you can use the things you already think, feel and say in a positive way!

Would you like to schedule a 30 minute Family Support Session to discuss Parenting, Child Development or Mental Health? Click on the following link: <https://calendly.com/myusrafamilysupportsession/30min?month=2021-07>

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