


| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|--|---|---|---|
| 2<br> | 3<br>Senior's Yoga 12:00-1:00<br>Early ON Drop-In 12:45 – 2:45<br>Housing Drop In 1:00-4:00  | 4<br>Early ON Drop-In 9:00 – 11:00 (Children 3+)<br>Senior's Yoga 12:00-1:00<br>Early ON Drop-In 12:45 – 2:45<br>Crying Clinic 1:00-3:00<br>ACCES Employment Support by Appointment 1:30-3:30<br>*CWSS 1:00-5:00  | 5<br>Senior's Yoga 12:30-2:30<br>Early ON Drop-In 12:45-2:45  | 6<br>Senior's Yoga 9:00 -10:00<br>Growing Healthy Together Prenatal Program 9:30 – 11:30<br>Senior's Café 10:15 -12:15  |
| 9<br>Senior's Yoga 12:00-1:00  | 10<br>Senior's Yoga 12:00-1:00<br>Early ON Drop-In 12:45 – 2:45<br>Housing Drop In 1:00-4:00                                       | 11<br>Early ON Drop-In 9:00 – 11:00 (Children 3+)<br>Senior's Yoga 12:00-1:00<br>Early ON Drop-In 12:45 – 2:45<br>Crying Clinic 1:00-3:00<br>ACCES Employment Support by Appointment 1:30-3:30<br>*CWSS 1:00-5:00 | 12<br>Senior's Yoga 12:30-2:30<br>Early ON Drop-In 12:45-2:45                                       | 13<br>Senior's Yoga 9:00 -10:00<br>Growing Healthy Together Prenatal Program 9:30 – 11:30<br>Senior's Café 10:15 -12:15 |
| 16<br>English Women's Circle 9:30- 12:00<br>Senior's Yoga 12:00-1:00<br>DPNA 1:00-3:00 | 17<br>English Women's Circle 9:30- 12:00<br>Senior's Yoga 12:00-1:00<br>Early ON Drop-In 12:45 – 2:45<br>Housing Drop In 1:00-4:00 | 18<br>Early ON Drop-In 9:00 – 11:00 (Children 3+)<br>Senior's Yoga 12:00-1:00<br>Early ON Drop-In 12:45 – 2:45<br>Crying Clinic 1:00-3:00<br>ACCES Employment Support by Appointment 1:30-3:30<br>*CWSS 1:00-5:00 | 19<br>English Women's Circle 9:30- 12:00<br>Senior's Yoga 12:30-2:30<br>Early ON Drop-In 12:45-2:45 | 20<br>Senior's Yoga 9:00 -10:00<br>Growing Healthy Together Prenatal Program 9:30 – 11:30<br>Senior's Café 10:15 -12:15 |
| 23<br>English Women's Circle 9:30- 12:00<br>Senior's Yoga 12:00-1:00                   | 24<br>English Women's Circle 9:30- 12:00<br>Senior's Yoga 12:00-1:00<br>Early ON Drop-In 12:45 – 2:45<br>Housing Drop In 1:00-4:00 | 25<br>Early ON Drop-In 9:00 – 11:00 (Children 3+)<br>Senior's Yoga 12:00-1:00<br>Early ON Drop-In 12:45 – 2:45<br>Crying Clinic 1:00-3:00<br>ACCES Employment Support by Appointment 1:30-3:30<br>*CWSS 1:00-5:00 | 26<br>English Women's Circle 9:30- 12:00<br>Senior's Yoga 12:30-2:30<br>Early ON Drop-In 12:45-2:45 | 27<br>Senior's Yoga 9:00 -10:00<br>Growing Healthy Together Prenatal Program 9:30 – 11:30<br>Senior's Café 10:15 -12:15 |
| 30<br>English Women Circle's 9:30- 12:00<br>Senior's Yoga 12:00-1:00                   |  |   |   | *CWSS<br>Gender based violence<br>Support services  |

# OUR PARTNERS



Agincourt Community Services Association is the lead agency for the Dorset Park Community HUB. Programs and Services provided by ACSA

- Newcomer Centre
- Food Bank
- Early Years drop-in
- Computer Class
- Summer Camp
- Sewing Class
- Yoga for seniors
- Senior's cafe



Action for Neighbourhood Change

**BUILDING STRONG NEIGHBOURHOODS TOGETHER**  
 Building leadership skills and volunteerism.  
 Building self-empowerment and Capacity to start up your own project/program to serve your community.  
 To build a Neighbourhood Association to lead the improvements in the community.



We provide case management and supportive housing services for those experiencing problems related mental health and/or addictions".



Parent relief program for parents who are experiencing postpartum depression. Extreme clean program (for residents at risk of eviction)



Point of assessment and referral for employment services.



A group of diverse residents working on local issues and projects to empower residents and their neighbours to make a healthier safer community to live in.



Records suspension /pardons and domestic violence programs for men in conflict with the law



Support for family members and caregivers who have a loved one with a mental illness of any diagnosis.



School reintegration GED Program



Aisling Discoveries Child and Family Centre

We serve children living with developmental and mental health needs by enhancing emotional capacity and social well-being in partnership with families and communities.



Chinese Canadian National Council Toronto Chapter

An organization that promotes equity, social justice, inclusive civic participation, and respect for diversity.



Debt solution  
 Budgeting  
 Retirement plan

# DORSET PARK COMMUNITY HUB September 2019 Calendar

At the HUB, everyone – regardless of language, religion or ability – has equal access to a wide range of free services and supports vital to the wellbeing of the community.

## Programs and Services provided at Dorset Park Community Hub

### Children

Early ON Child & Family Programs  
 Summer Programs

### Youth

School reintegration  
 GED programs  
 Workshops

### Women

English conversational circle  
 Cooking club  
 Resident engagement  
 Records suspension/pardon

### Newcomer

Settlement counselling  
 Information and referrals  
 Newcomer orientation  
 Online LINC Program  
 Skills training and support for licensing & certification

### Men

Resident engagement  
 Anger management  
 Records suspension/pardon  
 Housing help for men in Conflict with the law

### Seniors

Yoga  
 Senior's cafe  
 Retirement plan education  
 Resident engagement

### Families

Food bank  
 Debt Solutions & Budgeting  
 Computer access/program  
 Support for family members and caregivers who have a loved one with mental illness of any diagnosis.  
 Parent relief program  
 Resume development, interview practice and job search skills.  
 Prenatal programs, crying clinic,  
 Speech and Language Services and Parenting groups

**Residents** from the community can engage through Action for Neighbourhood Change (ANC) to build leadership skills and volunteerism. Come be part of the Dorset Park Neighbourhood Association.

105-1911 KENNEDY ROAD, SCARBOROUGH ON M1P 2L9

Tel: 416-292-6912 Fax: 416-292-6913

Email: [Info@dorsetpark.com](mailto:Info@dorsetpark.com)

Hours of Operation: Monday – Friday 9:00am – 6:00pm

Stay connected!

Website <http://www.dorsetpark.com/>

ACSA on facebook [www.facebook.com/AgincourtCommunityServices](http://www.facebook.com/AgincourtCommunityServices)

Follow ACSA on Twitter [www.twitter.com/ACSAtoronto](http://www.twitter.com/ACSAtoronto)

