

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Senior's Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Senior's Café 10:15 -12:15 Arabic Speaking Men's Group 12:30-2:30
4 Women's English Circle 9:30-12:00 Senior's Yoga 12:00-1:00	5 Women's English Circle 9:30-12:00 Senior's Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45 Housing Drop-In 1:00-4:00	6 Early ON Drop-In 9:00 – 11:00 (Children 3+) Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45 – 2:45 Crying Clinic 1:00-3:00 ACCES Employment Support by Appointment 1:30-3:30	7 Women's English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45	8 Senior's Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Senior's Café 10:15 -12:15 Arabic Speaking Men's Group 12:30-2:30
11 Women's English Circle 9:30-12:00 Senior's Yoga 12:00-1:00	Women's English Circle 9:30-12:00 Senior's Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45 Housing Drop-In 1:00-4:00	13 Early ON Drop-In 9:00 – 11:00 (Children 3+) Happy Women's Club 9:30-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45 – 2:45 Crying Clinic 1:00-3:00 ACCES Employment Support by Appointment 1:30-3:30	14 Women's English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45	15 Senior's Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Senior's Café 10:15 -12:15 Arabic Speaking Men's Group 12:30-2:30
Happy Family Day	19 Women's English Circle 9:30-12:00 Senior's Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45 Housing Drop-In 1:00-4:00	20 Early ON Drop-In 9:00 – 11:00 (Children 3+) Happy Women's Club 9:30-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45 – 2:45 Crying Clinic 1:00-3:00 ACCES Employment Support by Appointment 1:30-3:30	21 Women's English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45	22 Senior's Yoga 9:00 -10:00 Growing Healthy Together Prenatal Program 9:30 – 11:30 Senior's Café 10:15 -12:15 Arabic Speaking Men's Group 12:30-2:30
25 Women's English Circle 9:30-12:00 Senior's Yoga 12:00-1:00 DPNA Meeting 1:00-3:00	26 Women's English Circle 9:30-12:00 Senior's Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45 Housing Drop-In 1:00-4:00	27 Early ON Drop-In 9:00 – 11:00 (Children 3+) Early ON Drop-In 12:45 – 2:45 Crying Clinic 1:00-3:00 ACCES Employment Support by Appointment 1:30-3:30	28 Women's English Circle 9:30-12:00 Seniors' Yoga 12:00-1:00 Early ON Drop-In 12:45-2:45	

# **OUR PARTNERS**



Agincourt Community
Services Association is the
lead agency for the Dorset
Park Community HUB.
Programs and Services
provided by ACSA

- Newcomer Centre
- Food Bank
- Early Years drop-in
- Computer Class
- Summer Camp
- Sewing Class
- Yoga for seniors
- Senior's cafe



Building leadership skills and volunteerism.

Building self-empowerment and Capacity to start up your own project/program to serve your community.

To build a Neighbourhood

Association to lead the improvements in the community.



We provide case management and supportive housing services for those experiencing problems related mental health and/or addictions".



Creating More Independence

Parent relief program for parents who are experiencing postpartum depression. Extreme clean program (for residents at risk of eviction)



Point of assessment and referral for employment services.



A group of diverse residents working on local issues and projects to empower residents and their neighbours to make a healthier safer community to live in.



Records suspension
/pardons and domestic
violence programs for men in
conflict with the law



Support for family members and caregivers who have a loved one with a mental illness of any diagnosis.



School reintegration GED Program



We serve children living with developmental and mental health needs by enhancing emotional capacity and social well-being in partnership with families and communities.



An organization that promotes equity, social justice, inclusive civic participation, and respect for diversity.



Debt solution Budgeting Retirement plan

Early ON Child & Family Programs
Summer Programs

#### **Youth**

Children

School reintegration GED programs Workshops

#### <u>Women</u>

English conversational circle Cooking club Resident engagement Records suspension/pardon

#### <u>Newcomer</u>

Settlement counselling Information and referrals Newcomer orientation Online LINC Program Skills training and support for licensing & certification

#### Mer

Resident engagement Anger management Records suspension/pardon Housing help for men in Conflict with the law

DORSET PARK COMMUNITY HUB

**February 2019 Calendar** 

At the HUB, everyone - regardless of language, religion or ability - has equal

access to a wide range of free services and supports vital to the wellbeing of the

community.

**Programs and Services provided at Dorset Park Community Hub** 

### **Seniors**

Yoga Senior's cafe Retirement plan education Resident engagement

## **Families**

Food bank
Debt Solutions & Budgeting
Computer access/program
Support for family members and
caregivers who have a loved one with
mental illness of any diagnosis.
Parent relief program
Resume development, interview
practice and job search skills.
Prenatal programs, crying clinic,
Speech and Language Services and
Parenting groups

**Residents** from the community can engage through Action for Neighbourhood Change (ANC) to build leadership skills and volunteerism. Come be part of the Dorset Park Neighbourhood Association.

105-1911 KENNEDY ROAD, SCARBOROUGH ON M1P 2L9 Tel: 416-292-6912 Fax: 416-292-6913

Email: Info@dorsetpark.com

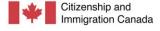
**Hours of Operation: Monday – Friday 9:00am – 6:00pm** 



Website <a href="http://www.dorsetpark.com/">http://www.dorsetpark.com/</a>
ACSA on facebook <a href="www.facebook.com/AgincourtCommunityServices">www.facebook.com/AgincourtCommunityServices</a>
Follow ACSA on Twitter <a href="www.twitter.com/ACSAtoronto">www.twitter.com/ACSAtoronto</a>







Citoyenneté et Immigration Canada